What's in Season

Summer in Ontario

June

- Assorted lettuce
- Blueberries
- Cauliflower
- Cherries
- Field Cucumbers
- Fresh Herbs

- Garlic
- Gooseberries Zucchini
- Peas
- Radish
- Spinach

- Strawberries

July

- Apples
- Asian Vegetables
- Beans
- Blackberries
- Broccoli
- Cabbage

- Carrots
- Celery
- Grapes
- Kohlrabi
- Muskmelon
- Onions

- Peaches
- Peppers
- Potatoes
- Turnip

August

- Cantaloupes
- Corn
- Eggplants
- Leeks
- Nectarines
- Parsnips

- Pears
- Plums
- Radicchio
- Shallots
- Squash

- Tomatoes
- Watermelon